# **DONOR EXPERIENCE**

Visit one of our many donor facilities across the United States



98.6°

78 70



#### 1. CHECK-IN

- 18-69 yo at all Talecris Plasma Resources, Biomat & PlasmaCare centers
- 2 forms of ID
- At least 110 lbs
- In good health
- Proof of address

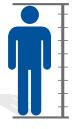


# 2. SCREENING

- Vital signs (Weight, Blood Pressure, Pulse, Temperature)
- Measure your iron
- Medical history questions

# 3. PHYSICAL EXAM

• On your very first donation & once a year thereafter



#### 4. DONATION

• When you donate plasma the process is called plasmapheresis (plaz-mah-fair-EE-sis). This is a method of removing plasma from the body by withdrawing blood, separating it into plasma and cells, and returning the cells back into the bloodstream.

# **PLASMAPHERESIS APPROX 45 MINS**

# 5. COMPLETION

- Receive compensation
- Plan next donation



# 6. AFTER CARE

- Your plasma regenerates very quickly
- Take it easy
- Drink lots of water

### 7. WHAT'S NEXT?

- Plan your next donation. You can donate twice in a 7-day period with 48 hours in between donations.
- See you soon!